Free COMMUNITY MEALS

Tuesday's
Unitarian Universalist Society of GG
66 Elm Street
Gardner, MA
4th Tuesday of each month
Serves from 5 PM to 6 PM

Wednesday's
Faith Lutheran Church
627 Green Street
Gardner, MA
2nd Wednesday of each month
Serves from 5 PM to 6 PM
Chestnut Street Methodist Church
161 Chestnut Street
Gardner, MA
3rd Wednesday of each month
Serves from 5 PM to 6 PM

Thursday's
First Baptist Church
14 High Street
Gardner, MA
1st Thursday of each month
Serves from Noon to 1 PM
First Congregational Church
28 Green Street
Gardner, MA
Every Thursday
Serves at 4:30 PM

Sunday's
Holy Rosary Parish
135 Nichols Street
Gardner, MA
Last Sunday of each month
Serves from 5 PM to 6 PM
## Food Assistance

### Farmers Markets

<table>
<thead>
<tr>
<th>Market Name</th>
<th>Location Details</th>
<th>Schedule</th>
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</thead>
<tbody>
<tr>
<td>Ashburnham Farmers Market</td>
<td>Winchester Park behind Town Hall, Ashburnham MA 01430</td>
<td>Monday 4-6:30pm</td>
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<tr>
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<td>7/20-10/12</td>
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<tr>
<td>Barre Farmers Market</td>
<td>Barre Common, Barre MA 01005</td>
<td>Saturday 9-12:30</td>
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<td>5/9-10/9</td>
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<tr>
<td>Fitchburg Farmers Market</td>
<td>Burbank Campus, Fitchburg MA 01420</td>
<td>Monday 10-4</td>
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<td>7/20-10/26</td>
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<tr>
<td>Fitchburg Farmers Market</td>
<td>Wallace Civic Center, Fitchburg MA 01420</td>
<td>Friday 8:45-12:00</td>
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<td>7/10-10/31</td>
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<tr>
<td>Fitchburg Farmers Market</td>
<td>Riverfront Park, Fitchburg MA 01420</td>
<td>Thursday 3-7</td>
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<td>7/2-10/28</td>
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<tr>
<td>Gardner Farmers Market</td>
<td>Monument Park, Gardner MA 01440</td>
<td>Thursday 8:30-1pm</td>
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<td>5/6-10/31</td>
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<tr>
<td>Hardwick Farmers Market</td>
<td>Hardwick Common, Hardwick MA 01031</td>
<td>Sunday 11-2</td>
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<td>6/16-10/28</td>
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<tr>
<td>Holden Farmers Market</td>
<td>Damon House Parking Lot, Holden MA 01520</td>
<td>Tuesday 3-6:30</td>
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<td>5/7-10/29</td>
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<tr>
<td>Lancaster Farmers Market</td>
<td>Town Green, Lancaster MA 01523</td>
<td>Thursday 3-6:30</td>
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<td>6/20-9/26</td>
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<tr>
<td>Orange Farmers Market</td>
<td>Butterfield Park, Orange MA 01364</td>
<td>Saturday 9-11pm</td>
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<td>5/21-10/15</td>
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<tr>
<td>Paxton Farmers Market</td>
<td>Town Common, Paxton MA 01610</td>
<td>Thursday 3-6:30</td>
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<td>5/13-9/13</td>
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<tr>
<td>Phillipston Farmers Market</td>
<td>Town Center, Phillipston MA 01331</td>
<td>Saturday 8-12</td>
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<td>6/27-10/31</td>
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<tr>
<td>Princeton Farmers Market</td>
<td>Princeton Community Center, Princeton MA 01540</td>
<td>Thursday 3-6</td>
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<td>6/18-10/10</td>
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<tr>
<td>Sterling Farmers Market</td>
<td>Town Hall, 1 Park St., Sterling MA 01564</td>
<td>Friday 1-7</td>
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<td>5/29-10/30</td>
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<tr>
<td>Westminster Farmers Market</td>
<td>Town Common, Westminster MA 01473</td>
<td>Friday 3-7</td>
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<td>5/1-10/30</td>
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<tr>
<td>Winchendon Farmers Market</td>
<td>American Legion Park, Winchendon MA 01475</td>
<td>Thursday 1-7</td>
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<td>5/14-9/30</td>
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### Food Pantries

**Ashburnham Community Church**  
84 Main Street  
Ashburnham MA 01430  
978-827-5553

**Barre Food Bank**  
978-355-4519

**Christ Episcopal Church**  
499 Vernon Ave  
S. Barre MA 01075  
978-395-4061  
Food Distribution: 10 a.m. to noon, second Wednesday of the month.

**First Baptist Church Community, Food Cupboard**  
23 West St  
Leominster MA 01453  
978-537-2685  
2nd SAT 9-11am. Please call first

**Ginny’s Helping Hands Food Pantry**  
52 Mechanic Street  
Leominster MA 01453  
978-537-1387  
Food Distribution: Tuesday - Saturday, 10AM - 5PM. Please call first

**Highland Baptist Church**  
27 Cedar Street  
Fitchburg MA 01420  
978-342-9646  
2nd & 4th Sat 9-11am. (serving Fitchburg, Ashby, Lunenburg, and Townsend). Please call first

**Lighthouse Food Pantry**  
500 Main Street  
Athol MA 01331  
978-249-4024  
4 to 530 p.m. first and third Thursdays. Call for emergencies.

**Ruth’s Harvest Pantry, United Methodist Church**  
77 Hall Street  
Leominster MA 01435  
978-537-1356  
3rd Thursday 6-8pm; 4th Sat 8-10am: Please call first

**Rutland Food Pantry**  
290 Main Street  
Rutland MA 01543  
508-886-2206  
Please call (varies)

**Salvation Army Food Pantry**  
107 Ridge Avenue  
Athol MA 01331  
978-249-8111  
Food Distribution: Tuesday through Friday, 8:30-12:00 and 1-3PM

**Sharing Cupboard Food Pantry**  
36 North Main Street  
West Brookfield MA 01585  
508-867-7078  
Food Distribution: Wednesday, 10 AM to 12 PM, Thursday, 7:00 to 8:30 PM

**St. Joseph’s Food Pantry**  
296 N. Main Street  
North Brookfield MA 01535  
508-867-6811  
Food Distribution: 1st Thursday of the month, 6:00 - 7:15 PM; 3rd Thursday of the month, 1 to 3 PM, or by appointment.

**Stow Food Pantry**  
353 Great Road  
Stow MA 01775  
978-779-8233

**Tri-Parish Community Church Food Bank**  
179 Main Street  
Gilbertville MA 01031  
413-477-6635  
Food Distribution: 1st and 3rd Friday, 9:30 to 11:30 AM. Call First

**Wachusett Food Pantry**  
56 Boydon Road  
Holden MA 01520  
508-829-2749  
3rd Saturdays 9-11am: Seniors 3rd Friday 10-1130am

**Wachusett Food Pantry**  
P.O. Box 62  
Jefferson MA 01522  
508-829-2749  
www.wfp1995.org  
Monthly food distribution at 1st Baptist Church-Holden.
Barre Congregational Church  
Christ Episcopal  
30 Park St, Barre, MA 01005  
978-355-4091

Templeton Council on Aging  
195 Patriot Rd  
Templeton, MA  
978-632-4592

Gardner CAC  
978-632-8700

United Neighbors of Fitchburg  
Cleghorn Neighborhood Center  
2-18 Fairmont St  
Fitchburg, MA 01420

Winchendon CAC  
273 Central St  
Winchendon, MA 01475

Salvation Army Food pantry  
739 Water St  
Fitchburg, MA 01420

Catholic Charities  
190 Mechanic St  
Leominster, MA 01453  
978-840-0696

Orange Food Pantry  
Franklin County Meals Program  
118 East Main Street  
Orange MA  
978-544-2149

MOntachusett Veterans Outreach Center  
Central St  
Gardner, MA 01440

MOC Care Services  
326 Nichols St  
Fitchburg, MA 01420

St Vincent De Paul at St. Leo’s Church  
108 Main Street  
Leominster, MA 01453
Food Assistance

Westminster Food Pantry at First Congregational Church
138 Main Street
Westminster MA 01473
978-874-7970
Food Distribution: Thursdays, 6:30 - 7:30 p.m. (Ashburnham & Westminster residents only).

Westminster Food Pantry at First Congregational Church
138 Main Street
Westminster MA 01473
978-874-7970
978-874-2350
cmcdonald1018@aol.com
Westminster residents only, 630pm-730pm

WHEAT Community Services
500 Main Street
Clinton MA 01510
978-365-6349 x 14
www.uwotc.org/wheat
Food Distribution: Tuesday - Friday, 10 AM to 1 PM.

Worcester County Food Bank
474 Boston Turnpike
Shrewsbury MA 01545
508-842-3663

General Resources

Angel Food Ministries/Charlton Baptist Church
50 Hammond Hill Rd
Charlton MA 01507
508-248-4488
www.angelfoodministries.com
Low cost monthly food orders.

Catholic Charities
196 Mechanic Street
Leominster MA 01453
978-840-0696
Monday through Friday.

Fitchburg/Leominster Community Action Council
62 Normandy Road
Fitchburg MA 01420
978-342-8617
Call First

Gardner Community Action Council
294 Pleasant Street, third floor
Gardner MA 01440
978-632-8700
Food Distribution: 9 a.m. to noon Monday through Friday.

MOC Elder Services, Senior Center
66 Day Street
Fitchburg MA 01420
978-345-8501 x 01
Call First

North Central WIC Program
326 Nichols Rd., Suite 14
Fitchburg MA 01420
978-345-6272
800-942-1007
www.mass.gov/wic
Provides supplemental foods, nutrition education, and health care referrals to pregnant and post partum women.

Salvation Army
739 Water Street
Fitchburg MA 01420
978-342-3300
Call First
Food Assistance

Serve New England: Rollstone Serve Fitchburg
199 Main Street
Fitchburg MA 01420
Rev Hanks, 978-821-9571
Revhanks@rollstone.org
Low cost food ordering co-op; participants must volunteer 2 hours per month.
Barre: 557 South Barre Road (978-355-6659)
Athol: 120 School Street (978-249-3464)
Gardner COA: 294 Pleasant Street (978-630-4067)
Hardwick: 179 Main Street (413-477-6707)

Spanish American Center
112 Spruce Street
Leominster MA 01453
978-534-3145
Call First

St. Vincent dePaul at Saint Leo’s Church
108 Main Street
Leominster MA 01453
978-537-7257
Call First

St. Vincent dePaul Society at Sacred Heart Church
166 Cross Street
Gardner MA 01440
978-632-0237
Food Distribution: 10 a.m. to 5 p.m. weekdays. Call for appointment.

Supplemental Nutrition Assistance Program (SNAP)
866-950-3663 Mass. Hotline
www.fns.usda.gov/snap
Federal nutrition program administered by State and local agencies.

Meals

Fellowship Table
Pleasant Street
Gardner MA 01440
987-632-6700
Thursdays at 4:30 First school year Sept-June

Kid’s Café
65 Tainter St
Worcester MA
508-754-2686
Tuesday, Wednesday, and Thursday nights at 5 p.m. during school year.

Mustard Seed
93 Piedmont Street
Worcester MA
508-754-7098
Monday-Saturday 5-6:30.; Sunday noon.

Our Father’s Table
40 Boutelle St
Fitchburg MA 01420
978-345-6950
Dinner Tuesdays, Thursdays at 5-7 p.m.; Saturday Breakfast 8-9am; Food Pantry, limited food vouchers.
53-55 Lunenburg Street: community dinner twice a month and emergency food pantry.

WHEAT Community Café
242 High Street
Clinton MA 01510
978-368-8547
www.uwotc/WHEAT
Delicious freshly made meals including vegetarian dishes served 6 nights per week. (4pm-630)
Winchendon Pop Warner
Wrestling: Leominster Youth Commission

Family Services

Food Assistance
Barre WIC office, Barre Family Health Center
Clinton WIC Office/WHEAT office
Gardner WIC office
Leominster WIC office
Winchendon WIC office (CAC)

General
Adoptive Families Together
Anti-Defamation League (ADL) Jewish Philanthropies
Children's Aid & Family Service, Inc. (CAFAS)
Community Action of the North Quabbin, Inc.
Domestic Violence Ended (DOVE)
Family Services of Central Mass.
Jewish Family Services
Montachusett Opportunity Council, Inc.
North Quabbin Community Coalition
Springfield Partners for Community Action, Inc.
United Neighbors of Cleghorn (Cleghorn Neighborhood Center)
Worcester Community Action Council, Inc. (WCAC)
Youth Opportunities Upheld (YOU, Inc.)

Grief Support Group
Community Birth Loss Support Group
Compassionate Friends

Health Care
UMASS Memorial Health Care/Family Education Center - Baby-Sitting Program

Housing/Shelters
Athol Housing Authority
Barre Housing Authority
Clinton Housing Authority
Fitchburg Housing Authority
Gardner Housing Authority
Greater Gardner Community Development Corporation
Habitat for Humanity, North Central Massachusetts
Lancaster Housing Authority
Leominster Housing Authority
Our Father's House, Inc.
RCAP Solutions, Inc.
Winchendon Housing Authority

Mental Health
Call2Talk
Heywood Hospital
Milford Regional Medical Center
South Bay Mental Health Center
The Lipton Center (run by Community HealthLink)

Parents/Child Programs
Athol Parent Child Home Program
Fitchburg Parent Child Home Program
Franklin Community Action Corporation
La Leche League (Worcester Chapter)
Lunenburg Family Network, Eagle House

North Quabbin Family Network, Valuing Our Children
North Worcester County Healthy Families
Parents Helping Parents
Peter Pan Center
Play School (Clinton Community Partnerships for Children)
Quabbin Parent Child Home Program
The House of Peace & Education, Inc. (HOPE)

Pregnant Women & Children
Ayer WIC Office
Babysitting Program at Clinton Hospital
North Central WIC Program

Family Services: Mental Health

Emergency
Central Region Department of Children and Families
Child-At-Risk Hotline
Mass. Department of Children and Families
North Central Department Of Children and Families

General
Community Healthlink/Worcester Youth & Family Services
Kid's Net Connection MSPCC
LUK Inc.
North Central Human Services, Inc.
YANA - You Are Not Alone

Food Assistance

Farmers Markets
Ashburnham Farmers Market
Barre Farmers Market
Fitchburg Farmers Market
Gardner Farmers Market
Hardwick Farmers Market
Holden Farmers Market
Lancaster Farmers Market
Orange Farmers Market
Paxton Farmers Market
Phillipston Farmers Market
Princeton Farmers Market
Sterling Farmers Market
Westminster Farmers Market
Winchendon Farmers Market

Food Pantries
Ashburnham Community Church
Barre Food Bank
Christ Episcopal Church
First Baptist Church Community, Food Cupboard
Ginny's Helping Hands Food Pantry
Highland Baptist Church
Lighthouse Food Pantry
Ruth's Harvest Pantry, United Methodist Church
Rutland Food Pantry
Salvation Army Food Pantry
Sharing Cupboard Food Pantry
St. Joseph's Food Pantry
Stow Food Pantry
Tri-Parish Community Church Food Bank
Wachusett Food Pantry
Westminster Food Pantry at First Congregational Church
WHEAT Community Services
Worcester County Food Bank

**General Resources**
- Angel Food Ministries/Charlton Baptist Church
- Catholic Charities
- Fitchburg/Leominster Community Action Council
- Gardner Community Action Council
- MOC Elder Services, Senior Center
- North Central WIC Program
- Salvation Army
- Serve New England: Rollstone Serve Fitchburg
- Spanish American Center
- St. Vincent dePaul at Saint Leo's Church
- St. Vincent dePaul Society at Sacred Heart Church
- Supplemental Nutrition Assistance Program (SNAP)

**Meals**
- Fellowship Table
- Kid's Café
- Mustard Seed
- Our Father's Table
- WHEAT Community Café

**Health Services**

**Clinics/Free Care**
- Community Health Connections/Access Program
- Gardner Community Health Center
- Gateway Health Access Program
- MassHealth

**Dental**
- Family Health Center Dental
- Great Brook Valley Health Center
- Mass Health Dental

**Emergency**
- battered Women's Resources, Inc.
- Childhood Lead Poisoning Prevention
- Rape Crisis Center of Central Mass. Inc.
- Suicide & Crisis Hotlines

**General**
- ACTION Health Services, Community Health Connections
- Better Breathers Club
- Crosspoints Men's Health Collective (HIV)
- Gardner Visiting Nursing Association
- Leominster Community Health Center
- Lifetime Center for Family Health
- Mass. Rehabilitation Commission
- UMASS Memorial Home Health & Hospice

**HIV/AIDS**
- HIV/AIDS Support, Education & Advocacy

**Home/Homeless Health Care**
- Gardner Visiting Nurse Association
- Home Staff - Leominster
- Montachusett Home Care
- Orchard Street Shelter

**Hospitals**
- Athol Memorial Hospital
- Barre Health Center
- Burbank Rehabilitation Center
- Emerson Hospital
- HealthAlliance Hospital
- Heywood Hospital
- Nashoba Valley Medical Center
- St. Vincent's Hospital
- The Barre Integrated Health Center
- UMass Memorial Health Care
- UMass Memorial Medical Center
- UMass/Clinton Hospital

**Housing for Patients' Families**
- ACS Worcester Hope Lodge
- Why Me/Sherry's House

**Pregnant Women & Children**
- Care-Net Pregnancy Resource Center
- Child /Infant Safety/ CPR Class
- Children's Medical Security Plan/Healthy Start
- Early Intervention Partnership Program (EIPP)
- Early Pregnancy Class
- Lamaze Classes

**Legal Assistance**

**Services/Support**
- Child Support Enforcement Unit (Mass. Department of Revenue)
- Massachusetts Justice Project
- The Legal Assistance Corporation of Central MA
- Western Mass. Legal Service

**Mental Health Services**

**Children & Adolescents**
- Children's Friend, Inc.
- Children's Friends Society
- Flying High Farm
- University of Massachusetts Medical Center Dept. of Developmental and Behavioral Pediatrics

**Drug/Alcohol Abuse**
- LUK Inc.: STEP (strengthen transition empower persevere)

**Mental Health**
- Bolton Psychotherapy Association
- Center for Living and Working
- Children's Aid and Family Services
- Clinical and Support Options
- Community Healthlink - Lipton Center
- Family Services of Central Mass.
- First Call for Help
- Healthy Directions at HealthAlliance Home Health & Hospice
- Mass. Department of Children and Families
- Mass. Department of Developmental Services
- Mass. Department of Mental Health