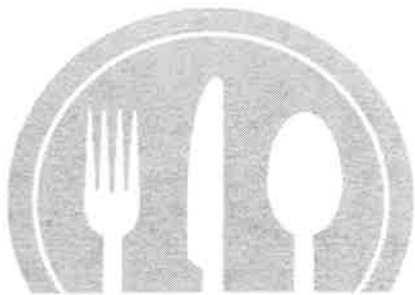


Free



COMMUNITYMEALS

Tuesday's

Unitarian Universalist Society of GG 4th Tuesday of each month
66 Elm Street Serves from 5 PM to 6 PM
Gardner, MA

Wednesday's

Faith Lutheran Church 2nd Wednesday of each month
627 Green Street Serves from 5 PM to 6 PM
Gardner, MA

Chestnut Street Methodist Church 3rd Wednesday of each month
161 Chestnut Street Serves from 5 PM to 6 PM
Gardner, MA

Thursday's

First Baptist Church 1st Thursday of each month
14 High Street Serves from Noon to 1 PM
Gardner, MA

First Congregational Church Every Thursday
28 Green Street Serves at 4:30 PM
Gardner, MA

Sunday's

Holy Rosary Parish Last Sunday of each month
135 Nichols Street Serves from 5 PM to 6 PM
Gardner, MA

Free



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Food Assistance

Farmers Markets

Ashburnham Farmers Market

Winchester Park behind Town Hall
Ashburnham MA 01430
Monday 4-630pm 7/20-10/12

Barre Farmers Market

Barre Common
Barre MA 01005
Saturday 9-12:30 5/9-10/9

Fitchburg Farmers Market

Burbank Campus
Fitchburg MA 01420
Monday 10-4 7/20-10/26

Fitchburg Farmers Market

Wallace Civic Center
Fitchburg MA 01420
Friday 8:45-12:00 7/10-10/31

Fitchburg Farmers Market

Riverfront Park
Fitchburg MA 01420
Thursday 3-7 7/2-10/28

Gardner Farmers Market

Monument Park
Gardner MA 01440
Thursday 830-1pm---5/9-10/31

Hardwick Farmers Market

Hardwick Common
Hardwick MA 01031
Sunday 11-2 6/16-10/28

Holden Farmers Market

Damon House Parking Lot
Holden MA 01520
Tuesday 3-630 5/7-10/29

Lancaster Farmers Market

Town Green
Lancaster MA 01523
Thursday 3-630 6/20-9/26

Orange Farmers Market

Butterfield Park
Orange MA 01364
Saturday 9-1pm 5/21-10/15

Paxton Farmers Market

Town Common
Paxton MA 01610
Thursday 3-630 5/13-9/13

Phillipston Farmers Market

Town Center
Phillipston MA 01331
Saturday 8-12 6/27-10/31

Princeton Farmers Market

Princeton Community Center
Princeton MA 01540
Thursday 3-6 6/18-10/10

Sterling Farmers Market

Town Hall, 1 Park St.
Sterling MA 01564
Friday 1-7 5/29-10/30

Westminster Farmers Market

Town Common
Westminster MA 01473
westminsterfarmermarket@gmail.com
Friday 3-7 5/1-10/30

Winchendon Farmers Market

American Legion Park
Winchendon MA 01475
Thursday 1-7 5/14-9/30

Food Assistance

Food Pantries

Ashburnham Community Church

84 Main Street
Ashburnham MA 01440
978-827-5553

Barre Food Bank

978-355-4519

*Barre Community Church
1x m mo.
Christ Episcopal Church
30 Park St
978 355-4091*

Christ Episcopal Church

499 Vernon Ave
S. Barre MA 01005
978-355-4061

Food Distribution: 10 a.m. to noon, second Wednesday of the month.

First Baptist Church Community, Food Cupboard

23 West St
Leominster MA 01453
978-537-2685
2nd SAT 9-11am. Please call first

Ginny's Helping Hands Food Pantry

52 Mechanic Street
Leominster MA 01453
978-537-1387

Food Distribution: Tuesday - Saturday, 10AM - 5PM: Please call first

Highland Baptist Church

27 Cedar Street
Fitchburg MA 01420
978-342-9646

2nd & 4th Sat 9.11am.(serving Fitch, Ashby, Lunenburg, and Townsend). Please call First

Lighthouse Food Pantry

500 Main Street
Athol MA 01331
978-249-4024

4 to 5:30 p.m. first and third Thursdays. Call for emergencies.

Ruth's Harvest Pantry, United Methodist Church

77 Hall Street
Leominster MA 01435
978-537-1356

3rd Thursday 6-8pm; 4th Sat 8-10am: Please call first

Rutland Food Pantry

290 Main Street
Rutland MA 01543
508-886-2206
Please call (varies)

Salvation Army Food Pantry

107 Ridge Avenue
Athol MA 01331
978-249-8111

Food Distribution: Tuesday through Friday, 8:30-12:00 and 1-3PM

Sharing Cupboard Food Pantry

36 North Main Street
West Brookfield MA 01585
508-867-7078

Food Distribution: Wednesday, 10 AM to 12 PM, Thursday, 7:00 to 8:30 PM

St. Joseph's Food Pantry

296 N. Main Street
North Brookfield MA 01535
508-867-6811

Food Distribution: 1st Thursday of the month, 6:00 - 7:15 PM; 3rd Thursday of the month, 1 to 3 PM, or by appointment.

Stow Food Pantry

353 Great Road
Stow MA 01775
978-779-8233

Tri-Parish Community Church Food Bank

179 Main Street
Gilbertville MA 01031
413-477-6635

Food Distribution: 1st and 3rd Friday, 9:30 to 11:30 AM. Call First

Wachusett Food Pantry

56 Boydon Road
Holden MA 01520
508-829-2749

3rd Saturdays 9-11am:Seniors 3rd Friday 10-1130am

Wachusett Food Pantry

P.O. Box 62
Jefferson MA 01522
508-829-2749
www.wfp1995.org

Monthly food distribution at 1st Baptist Church-Holden.

*Tendleton
Cared on 10/11/17
135 Putnam rd
Tendleton
632-4592*

*Arden CAC
978-632-8700*

*Christ Episcopal Church
Fitchburg, MA*

*Christ Episcopal Church
North Brookfield MA*

*2-18 Fairmount St
Fitchburg MA*

*01420
978-342-2069*

*Wachusett
CAC*

*273 Central St
Wachusett*

978-297-1667

Barre Congregational Church
Christ Episcopal
30 Park St, Barre, MA 01005
978-355-4091

Templeton Council on Aging
195 Patriot Rd
Templeton, MA
978-632-4592

Gardner CAC
978-632-8700

United Neighbors of Fitchburg
Cleghorn Neighborhood Center
2-18 Fairmont St
Fitchburg, MA 01420

978-342-2069

Winchendon CAC
273 Central St
Winchendon, MA 01475

*978
297-1667*

Salvation Army Food pantry
739 Water St
Fitchburg, MA 01420

Catholic Charities
190 Mechanic St
Leominster, MA 01453
978-840-0696

Orange Food Pantry
Franklin County Meals Program
118 East Main Street
Orange MA
978-544-2149

Montachusett Veterans Outreach Center
Central St
Gardner, MA 01440

MOC Care Services
326 Nichols St
Fitchburg, MA 01420

St Vincent De Paul at St. Leo's Church
108 Main Street
Leominster, MA 01453

978-537-7257

Food Assistance

Westminster Food Pantry at First Congregational Church

138 Main Street
Westminster MA 01473
978-874-7970

Food Distribution: Thursdays, 6:30 -7:30 p.m. (Ashburnham & Westminster residents only).

Westminster Food Pantry at First Congregational Church

138 Main Street
Westminster MA 01473
978-874-7970
978-874-2350
cmcdonald1018@aol.com

Westminster residents only, 630pm-730pm

WHEAT Community Services

500 Main Street
Clinton MA 01510
978-365-6349 x 14
www.uwotc.org/wheat

Food Distribution: Tuesday - Friday, 10 AM to 1 PM.

Worcester County Food Bank

474 Boston Turnpike
Shrewsbury MA 01545
508-842-3663

General Resources

Angel Food Ministries/Charlton Baptist Church

50 Hammond Hill Rd
Charlton MA 01507
508-248-4488
www.angelfoodministries.com

Low cost monthly food orders.

Catholic Charities

196 Mechanic Street
Leominster MA 01453
978-840-0696

Monday through Friday.

Fitchburg/Leominster Community Action Council

62 Normandy Road
Fitchburg MA 01420
978-342-8617

Call First

Gardner Community Action Council

294 Pleasant Street, third floor
Gardner MA 01440
978-632-8700

Food Distribution: 9 a.m. to noon Monday through Friday.

MOC Elder Services, Senior Center

66 Day Street
Fitchburg MA 01420
978-345-8501 x 01

Call First

North Central WIC Program

326 Nichols Rd., Suite 14
Fitchburg MA 01420
978-345-6272
800-942-1007

www.mass.gov/wic

Provides supplemental foods, nutrition education, and health care referrals to pregnant and post partum women.

Salvation Army

739 Water Street
Fitchburg MA 01420
978-342-3300

Call First

*Catholic Charities?
196 Mechanic St
Leominster MA
840 0696*

*Food pantry
Emergency submitter
Homeless prevention paper
Financial Assessor*

*Orange Food Pantry
Fitchburg County needs paper
118 East Main St
Orange
544 2149*

*Montachusett veterans outreach - Winchester
Gardner*

*MOC case services
326 Nichols St
Fitchburg.*

*St Vincent de Paul @
St Leo's
108 Main St
Leominster MA
537 7257*

Food Assistance

Serve New England: Rollstone Serve Fitchburg

199 Main Street
Fitchburg MA 01420
Rev Hanks, 978-
821-9571
Revhanks@rollstone.org

Low cost food ordering co-op; participants must volunteer 2 hours per month.

Barre: 557 South Barre Road (978-355-6659)
Athol: 120 School Street (978-249-3464)
Gardner COA: 294 Pleasant Street (978-630-4067)
Hardwick: 179 Main Street (413-477-6707)

Spanish American Center

112 Spruce Street
Leominster MA 01453
978-534-3145
Call First

St. Vincent dePaul at Saint Leo's Church

108 Main Street
Leominster MA 01453
978-537-7257
Call First

St. Vincent dePaul Society at Sacred Heart Church

166 Cross Street
Gardner MA 01440
978-632-0237

Food Distribution: 10 a.m. to 5 p.m. weekdays. Call for appointment.

Supplemental Nutrition Assistance Program (SNAP)

866-950-3663 Mass. Hotline
www.fns.usda.gov/snap

Federal nutrition program administered by State and local agencies.

Meals

Fellowship Table

Pleasant Street
Gardner MA 01440
987-632-8700

Thursdays at 4:30 First school year Sept-June

Kid's Café

65 Tainter St
Worcester MA
508-754-2686

Tuesday, Wednesday, and Thursday nights at 5 p.m. during school year.

Mustard Seed

93 Piedmont Street
Worcester MA
508-754-7098

Monday-Saturday 5-6:30.; Sunday noon.

Our Father's Table

40 Boutelle St
Fitchburg MA 01420
978-345-6950

Dinner Tuesdays, Thursdays at 5-7 p.m.; Saturday Breakfast 8-9am; Food Pantry, limited food vouchers.

53-55 Lunenburg Street: community dinner twice a month and emergency food pantry.

WHEAT Community Café

242 High Street
Clinton MA 01510
978-368-8547
www.uwotc/WHEAT

Delicious freshly made meals including vegetarian dishes served 6 nights per week. (4pm-630)

Winchendon Pop Warner
Wrestling: Leominster Youth Commission

Family Services

Food Assistance

Barre WIC office, Barre Family Health Center
Clinton WIC Office/ WHEAT office
Gardner WIC office
Leominster WIC office
Winchendon WIC office (CAC)

General

Adoptive Families Together
Anti-Defamation League (ADL) Jewish Philanthropies
Children's Aid & Family Service, Inc. (CAFS)
Community Action of the North Quabbin, Inc.
Domestic Violence Ended (DOVE)
Family Services of Central Mass.
Jewish Family Services
Montachusett Opportunity Council, Inc.
North Quabbin Community Coalition
Springfield Partners for Community Action, Inc.
United Neighbors of Cleghorn (Cleghorn Neighborhood Center)
Worcester Community Action Council, Inc. (WCAC)
Youth Opportunities Upheld (YOU, Inc.)

Grief Support Group

Community Birth Loss Support Group
Compassionate Friends

Health Care

UMASS Memorial Health Care/Family Education Center - Baby-Sitting Program

Housing/Shelters

Athol Housing Authority
Barre Housing Authority
Clinton Housing Authority
Fitchburg Housing Authority
Gardner Housing Authority
Greater Gardner Community Development Corporation
Habitat for Humanity, North Central Massachusetts
Lancaster Housing Authority
Leominster Housing Authority
Our Father's House, Inc.
RCAP Solutions, Inc.
Winchendon Housing Authority

Mental Health

Call2Talk
Heywood Hospital
Milford Regional Medical Center
South Bay Mental Health Center
The Lipton Center (run by Community HealthLink)

Parent/Child Programs

Athol Parent Child Home Program
Fitchburg Parent Child Home Program
Franklin Community Action Corporation
La Leche League (Worcester Chapter)
Lunenburg Family Network, Eagle House

North Quabbin Family Network, Valuing Our Children
North Worcester County Healthy Families
Parents Helping Parents
Peter Pan Center
Play School (Clinton Community Partnerships for Children)
Quabbin Parent Child Home Program
The House of Peace & Education, Inc. (HOPE)

Pregnant Women & Children

Ayer WIC Office
Babysitting Program at Clinton Hospital
North Central WIC Program

Family Services: Mental Health

Emergency

Central Region Department of Children and Families
Child-At-Risk Hotline
Mass. Department of Children and Families
North Central Department Of Children and Families

General

Community Healthlink/Worcester Youth & Family Services
Kid's Net Connection MSPCC
LUK Inc.
North Central Human Services, Inc.
YANA -You Are Not Alone

Food Assistance

Farmers Markets

Ashburnham Farmers Market
Barre Farmers Market
Fitchburg Farmers Market
Gardner Farmers Market
Hardwick Farmers Market
Holden Farmers Market
Lancaster Farmers Market
Orange Farmers Market
Paxton Farmers Market
Phillipston Farmers Market
Princeton Farmers Market
Sterling Farmers Market
Westminster Farmers Market
Winchendon Farmers Market

Food Pantries

Ashburnham Community Church
Barre Food Bank
Christ Episcopal Church
First Baptist Church Community, Food Cupboard
Ginny's Helping Hands Food Pantry
Highland Baptist Church
Lighthouse Food Pantry
Ruth's Harvest Pantry, United Methodist Church
Rutland Food Pantry
Salvation Army Food Pantry
Sharing Cupboard Food Pantry
St. Joseph's Food Pantry
Stow Food Pantry

Tri-Parish Community Church Food Bank
Wachusett Food Pantry
Westminster Food Pantry at First Congregational Church
WHEAT Community Services
Worcester County Food Bank

General Resources

Angel Food Ministries/Charlton Baptist Church
Catholic Charities
Fitchburg/Leominster Community Action Council
Gardner Community Action Council
MOC Elder Services, Senior Center
North Central WIC Program
Salvation Army
Serve New England: Rollstone Serve Fitchburg
Spanish American Center
St. Vincent dePaul at Saint Leo's Church
St. Vincent dePaul Society at Sacred Heart Church
Supplemental Nutrition Assistance Program (SNAP)

Meals

Fellowship Table
Kid's Café
Mustard Seed
Our Father's Table
WHEAT Community Café

Health Services

Clinics/ Free Care

Community Health Connections/Access Program
Gardner Community Health Center
Gateway Health Access Program
MassHealth

Dental

Family Health Center Dental
Great Brook Valley Health Center
Mass Health Dental

Emergency

Battered Women's Resources, Inc.
Childhood Lead Poisoning Prevention
Rape Crisis Center of Central Mass. Inc.
Suicide & Crisis Hotlines

General

ACTION Health Services, Community Health Connections
Better Breathers Club
Crosspoints Men's Health Collective (HIV)
Gardner Visiting Nursing Association
Leominster Community Health Center
Lifetime Center for Family Health
Mass. Rehabilitation Commission
UMASS Memorial Home Health & Hospice

HIV/AIDS

HIV/AIDS Support, Education & Advocacy

Home/Homeless Health Care

Gardner Visiting Nurse Association
Home Staff - Leominster

Montachusett Home Care
Orchard Street Shelter

Hospitals

Alhol Memorial Hospital
Barre Health Center
Burbank Rehabilitation Center
Emerson Hospital
HealthAlliance Hospital
Heywood Hospital
Nashoba Valley Medical Center
St. Vincent's Hospital
The Barre Integrated Health Center
UMass Memorial Health Care
UMass Memorial Medical Center
Umass/Clinton Hospital

Housing for Patients' Families

ACS Worcester Hope Lodge
Why Me/Sherry's House

Pregnant Women & Children

Care-Net Pregnancy Resource Center
Child /Infant Safety/ CPR Class
Children's Medical Security Plan/Healthy Start
Early Intervention Partnership Program (EIIP)
Early Pregnancy Class
Lamaze Classes

Legal Assistance

Services/Support

Child Support Enforcement Unit (Mass. Department of Revenue)
Massachusetts Justice Project
The Legal Assistance Corporation of Central MA
Western Mass. Legal Service

Mental Health Services

Children & Adolescents

Children's Friend, Inc.
Children's Friends Society
Flying High Farm
University of Massachusetts Medical Center Dept. of Developmental and Behavioral Pediatrics

Drug/Alcohol Abuse

LUK Inc.: STEP (strengthen transition empower persevere)

Mental Health

Bolton Psychotherapy Association
Center for Living and Working
Children's Aid and Family Services
Clinical and Support Options
Community Healthlink - Lipton Center
Family Services of Central Mass.
First Call for Help
Healthy Directions at HealthAlliance Home Health & Hospice
Mass. Department of Children and Families
Mass. Department of Developmental Services
Mass. Department of Mental Health