



Click Below!
(Your answers are confidential)

I want to try HelpPRO's free secure video teleconferencing with a friend.

Yes No Maybe

I have this number of hours available each week for video counseling.

<2 2 - 4 4 - 8 no interest

I would like to be part of a video therapy team working with hospitals in remote areas.

Yes No Maybe

I would like an introduction to a contact in my state MS chapter.

Yes No Maybe

I would like to find out more about discounted Suicide Prevention online training (or not).

Yes No

Social Media Updates

"Like" us on our new [Facebook page](#) and follow us on our new [Linkedin page](#).

Check out Julie Davis' short, everyday life tips in her recent blogs "[Seeking Wisdom](#)", "[A New Language](#)" and "[Black and White Thinking](#)" and please comment, rate or share with others.

Customer Service Corner:

Question: "Do I need to be licensed in the client's state to do video counseling and does insurance cover it?"

Answer: It depends on the state. Please check with your state's licensing board. [Click here](#) for information on states requiring insurance reimbursement.

Question: "Can I use my iPad for secure video counseling?"

Answer: Not at this time. Due to security and compliance issues you must use a laptop, PC, or Mac.

Free SECURE Video Counseling

Spread the word. HelpPRO now offers listed providers [FREE, HIPAA compliant video therapy](#) just for listing with HelpPRO.

Almost 30% of the US population lives in federally designated mental health shortage areas and need you. Many of these folks are close enough to see you in person a few times, but not all the time.

Consider the client who is:

- looking for a therapist with your expertise, but is just a little too far away
- not feeling well enough to make her therapy appointment or doesn't want to drive in inclement weather
- well-known in a small rural town looking for an out of town therapist

Not sure? Try it with a colleague first. Have fun with it. No big deal. It takes approximately 30 seconds to create a Regroup account, it is free, and there is no obligation to use it right away or at all.

[Click here](#) to register with Regroup now.

View more details see [Regroup Therapy Instructions](#).

New Partners

Besides [Regroup Therapy](#), we continue to add new partners to increase the number of consumers using HelpPRO and the number of providers in our database.

[LivingWorks Education, Inc.](#) joins our growing list of Suicide Prevention partners and offers ASIST, one of the most widely used and evaluated gatekeeper trainings worldwide.

HelpPRO and the [NY State Society for Clinical Social Work](#) (NYSSCSW) are now partnering to help people find NYSSCSW members in NY State.

Your HelpPRO login information:

Email: «LoginEmail»

Password: «Password»
(Note: now 5 digits hidden for security)

A Blog from Bill Blout



William L. Blout, LICSW
President, HelpPRO

What's All the Fuss About?

Video counseling has finally "come of age" due to the advances in technology, the abundance of broad band connections and most recently the introduction of an easy-to-use, secure, HIPAA compliant platform by Regroup Therapy.

So, just like many of you, I decided to take the leap and try it myself.

I almost never use the "web cam" on my laptop—maybe a few times to Skype the kids in CA... But a video counseling session with a client? Not sure about that.

My first discovery was that it was easy to set up. I went to [regrouptherapy.com](#) and clicked on the register button. Only my name and email was required, so in seconds I was registered. Then I needed to list "my clients" with their email addresses. Again simple.

I listed a colleague as a "client", arranged a session with him and took the leap. The software steps you through a series of function tests and then in seconds you connect.

The hardest part for me was seeing myself while we talked. I felt self-conscious. Did my hair look OK? Was the camera angle right? But then I discovered you could turn off the smaller picture of yourself and just see your "client". Much better, less distracting.

I haven't had that video session yet but I have talked to a real client about it. When one of us is away or in bad weather, we will try it. Actually I'm looking forward to it!

Bill

Comment? [Please email](#).

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You may [unsubscribe](#) if you no longer wish to receive our quarterly newsletter.