

## RESOURCES FOR SUICIDE PREVENT IN NORTH CENTRAL MASS

National Suicide Prevention Lifeline- <a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a>	1-800-273-Talk (4673)
Samaritans Statewide <a href="http://samaritanshope.org/">http://samaritanshope.org/</a>	1-877- 870- 4673
The Trevor Project (gay, bisexual, transgender youth and young adults) <a href="http://www.thetrevorproject.org/">http://www.thetrevorproject.org/</a>	1-866- 488 -7386
Veterans Crisis Line <a href="http://www.mentalhealth.va.gov/">http://www.mentalhealth.va.gov/</a>	800-273-8255
Substance Abuse and Mental Health Services Admin <a href="http://www.samhsa.gov/veterans-military-families">http://www.samhsa.gov/veterans-military-families</a>	
Suicide Prevention Task Force American Foundation for Suicide Prevention Massachusetts Department of Public Health National Alliance for the Mentally Ill Men's Suicide Prevention Project	<a href="http://www.suicidepreventiontaskforce.org">www.suicidepreventiontaskforce.org</a> <a href="http://www.afsp.org">www.afsp.org</a> <a href="http://www.mass.gov/eohhs/gov/departments/dph/">www.mass.gov/eohhs/gov/departments/dph/</a> <a href="http://www.NAMI.org">www.NAMI.org</a> <a href="http://www.Heywood.org/Mensproject">www.Heywood.org/Mensproject</a>
On-Site Academy, PO Box 1031, 218-222 Mill Street, Gardner, MA 01440 <a href="http://www.onsiteacademy.org/">http://www.onsiteacademy.org/</a>	978-632-3518
Community Health Link Lipton Ctr, 100 Erdman Way, Leominster, MA 01453 255 Main St, Fitchburg, MA 01420 17 Orchard St., Leominster, MA 01453 40 Spruce St, Leominster, MA 01453 Clinton Counseling Ctr., 211 Greeley St, Clinton, MA 01510 Fitchburg Counseling Ctr, 275 Nichols Rd, Fitchburg, MA 01420 Westwinds Clubhouse, 545 Westminster St, Fitchburg, MA 01420 <a href="http://www.communityhealthlink.org">www.communityhealthlink.org</a>	1-800- 977- 5555 978-537-6039 978-343-6957 978-537-3109 978-534-4740/978-534-6116 978-368-0181 978-401-3970 978-345-1581
Heywood Hospital, 242 Green Street, Gardner, MA 01440 <a href="http://www.heywood.org">www.heywood.org</a>	978- 632-3420
Leominster Hospital, 60 Hospital Rd, Leominster, MA 01453 <a href="http://www.umassmemorialhealthcare.org/healthalliance-hospital">http://www.umassmemorialhealthcare.org/healthalliance-hospital</a>	978- 466-2000
Clinton Hospital, 201 Highland Street, Clinton, MA 01510 <a href="http://www.umassmemorialhealthcare.org/clinton-hospital">http://www.umassmemorialhealthcare.org/clinton-hospital</a>	978-368-3000
Athol Hospital, 2033 Main Street, Athol, MA 01331 <a href="http://www.atholhospital.org/">http://www.atholhospital.org/</a>	978-249-3511
Community Health Connections Gardner CHC, 175 Connors St, Gardner, MA 01440 Leominster CHC, 14 Manning Ave, Leominster, MA 01453 Fitchburg CHC, 326 Nichols Rd., Fitchburg, MA 01420 <a href="http://www.chcfhc.org/">http://www.chcfhc.org/</a>	978- 410-6100 978- 847-0110 978-878-8440
North Central Human Services, 31 Lake Street, PO Box 449, Gardner, MA 01440 <a href="http://www.alternativesnet.org">www.alternativesnet.org</a>	978-632-9400

YOU INC, 205 School St, #202, Gardner, MA 01440 978-632-2321  
[www.youinc.org](http://www.youinc.org)

LUK Crisis Center, 545 Westminster St, Fitchburg, MA 01420 978-345-0685  
90 Day Street, Fitchburg, MA 01420 978-345-0685  
[www.luk.org](http://www.luk.org)

GAAMHA, 208 Coleman Street Ext., Gardner, MA 01440 978-632-0934  
[www.gaamha.com](http://www.gaamha.com)

Clinical and Support Options (CSO), 491 Main Street, Athol, MA 01331 978-249-9490  
[www.csoinc.org](http://www.csoinc.org)

Center for Human Development (CHD), 357 Main St, Athol, MA 01331 844-CHD-HELP  
[www.chd.org](http://www.chd.org)

Department of Mental Health, 515 Main Street, Fitchburg, MA 01420 978-353-4400

Department of Developmental Services, 435 Main St, Fitchburg, MA 01420 978-342-2140

**STATEWIDE EMERGENCY SERVICES PROGRAM:**

**Statewide Emergency Services- North Central Mass 1-800-977-5555**

Community Health Link 45 Summer Street Leominster, MA 01453  
[www.communityhealthlink.org](http://www.communityhealthlink.org)

**Statewide Emergency Services- North Quabbin Area 24 hours 1-800-322-0424**  
MCI Youth 491 Main Street, Athol, MA 01331 crisis services 978-249-9490  
staff on site weekdays 8a,-8pm 978-249-3139 fax

**Community-based emergency services are available to help individuals having a mental health and/or substance abuse crisis! There are alternatives to hospital emergency departments!** Each ESP offers alternative settings in the community to hospital Emergency Departments (ED's) for individuals seeking behavioral health services, voluntarily and/or when use of a hospital Emergency Department may not be medically necessary.

**Mobile Crisis Intervention (MCI) for youth:**

For MassHealth-enrolled youth up to 21, this service mobilizes to the home or other site where a youth is located. Service is provided 24/7/365 at all locations.

**Mobile crisis intervention services for adults:**

Provides ESP services to adults, ages 21+ in their homes, residential programs, etc. Service is provided 24/7/365.

From 7 am to 8 pm, adult mobile services will be available at all locations.

From 8 pm to 7 am, this service is available in residential programs and ED's.

Some ESP's may provide additional hours for adult mobile services to all locations.

**ESP community-based locations:**

These locations are operated by the ESP, outside an ED, where ESP services are provided for all ages. Operating hours for each location can be found in the ESP Directory at [www.masspartnership.com/member/ESP.aspx](http://www.masspartnership.com/member/ESP.aspx)

**If you or someone you know is experiencing a mental health emergency, call toll free: 1-800-977-5555.**

The Emergency Services unit is available 7 days per week, 24 hours per day to provide on-site or mobile assessment and screening to any individual experiencing a mental health or substance abuse problem, or both. The ESP service area includes Worcester and its surrounding towns, and also the communities of Leominster, Fitchburg, Ayer, Clinton, and Gardner. Services are provided to children, adolescents, and adults. Emergency Services includes Respite beds for Department of Mental Health referred individuals who are experiencing situational crisis or pronounced transitional issues and [Crisis Stabilization](#) beds as a diversion to hospitalization.