



Click Below!
(your answers are confidential)

Homebound clients and public officials (police, fire, etc.) in rural communities often prefer online or video therapy for practical or confidentiality reasons. If HelpPRO offers a secure Online Therapy platform, would you try it?

YES or NO

Would you like a custom name for your HelpPRO Listing Page (e.g. "SarahBrownLCSW.com")? Here is an example: www.BillBlout.com.

YES or NO

A Must Watch:

HELP SAVE LIVES!

We all work with suicidal people, or will... an estimated 40% of depressed people have suicidal thoughts.

Watch this powerful 50 minute [video presentation](#) by Dr. John Draper, Director of the National Suicide Prevention Lifeline!

"Finding a Therapist For You!"

Check out Brian Moynihan's most recent [blog](#) and please feel free to comment on each post as well on our [Facebook Page](#) and our [Moodbooster Page](#). We invite your [contributions](#) to help build your practice and web presence as well!

Customer Service Corner:

Password Survey Results

Thank you all! We were thrilled by both the number of responses and the feedback and suggestions regarding including passwords in our newsletter.

The results were overwhelming in favor of continuing partially encoded passwords to jog people's memory.

There were enough concerns, however, that we decided on a compromise. **We will increase the number of digits hidden to five.**

We have never had a security breach and always recommend your HelpPRO password be different from those you use for banks and credit cards. Please email me if you need assistance changing your password.

The Missing Link: The President's "NOW IS THE TIME" Funds

"We won't be able to stop every violent act, but if there is even one thing that we can do to prevent any of these events, we have a deep obligation, all of us, to try... If even one child's life can be saved, we need to act. Now is the time to do the right thing for our children, our communities, and the country we love."

Last month SAMHSA announced the President's "Now is the Time" [state funding](#) and [local schools funding](#) and it is substantial. Grants are due in June. Most people are not aware. Time is tight. Is your state or your local school district aware of this opportunity? Do you know anyone or organization in your state or community who might want to apply for these prevention funds?

Either way, the missing and most difficult link is connecting people in need to ongoing local support.

HelpPRO is the "missing link", a powerful tool to find the local ongoing support individuals and families need. Please let us know **your** state and local contacts with whom we can work to develop plans and grants to take advantage of these funds. [Email Jeanne](#).

Whom Do You Know? Spread the Word! Let a Colleague Know!

The more robust HelpPRO, the better known, the better for all of us! Please help us fill specific gaps in our database. Email [this link](#) to any colleague who can fill a need below, and we'll give them a free three-month Premium Listing trial. We have gaps in the areas:

Geographical: VT, MT, OR, NE, ND, SD, KS, IA, MN and rural areas
Specialties: Addictions, Adoption, Bipolar
Special Populations: Adopted, MS and Cancer patients
Payment Options: Free counseling, Medicaid, and Medicare
Groups: Any type, esp. Addictions, Women's, Men's, DBT, and PTSD

Your HelpPRO login information:

Email: «Login Email»

Password: «Password»
(Note: now 5 digits hidden for security)

[Log into your Listing](#)

A Blog from Bill Blout



William L. Blout, LICSW
President, HelpPRO

How do you know when you prevented a suicide?

Dear Colleagues,

We have been focused on suicide prevention for the past year. We have asked you to join our Suicide Prevention Therapist Finder, get further training, and watch videos. (See "Help Save Lives" in this issue.)

But how do we know if we saved a life?

Until "best practices" research finds an objective measure, like brain function changes, client reporting seems the best way.

Our local community agency provides free, walk-in counseling for suicidal teens. The poster child for our work (started in 2011) is "Eliza" a 14 year old straight "A" honor student who told our staff counselor that she thinks about suicide 12 times a day, has a plan, and, by the way, could never tell her parents and doesn't want us to!

After several weeks of counseling, Eliza stopped thinking about suicide and eventually was able to tell her parents. It's been two years. She seems to be absolutely flourishing.

I would call our work with Eliza a success except I am reminded of Alice, an Asian girl, we saw at another agency many years ago. She also stopped thinking about suicide after counseling in her senior year. Also a straight "A" honors student, Alice went to Berkeley where she killed herself freshman year.

How do you know that you prevented a suicide?

Bill

You are receiving this newsletter because of your relationship with the HelpPRO Therapist Finder.

You may [unsubscribe](#) if you no longer wish to receive our quarterly newsletter.