

NEWS RELEASE

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Behind the Scenes Launches Entertainment Industry Therapist Finder

The Behind the Scenes Mental Health and Suicide Prevention Initiative, in partnership with HelpPRO, announces the launch of the [Entertainment Industry Therapist Finder](#). The Finder only includes listings for mental health professionals who have previously worked with clients in the entertainment industry or who have personal professional experience in the industry themselves.

Users are able to search for a therapist using a simple search form which includes location, insurance accepted, what areas the therapist specializes in, and therapist availability such as whether they see clients remotely or on nights and weekends. An advanced search is available which also includes such criteria as theoretical approaches, credentials held by the therapist, specific populations they have experience with, and languages spoken. Both searches indicate whether the therapist is accepting new clients.

The Entertainment Industry Therapist Finder has been developed in response to an industry survey conducted last fall. The results revealed just how prevalent the problem of finding therapists who understand something about the unique culture and stresses of the entertainment industry is. Many respondents expressed frustration with therapists who consistently made suggestions that were unrealistic given the long working hours and employment challenges so many in our industry face. They also expressed the difficulty of scheduling appointments with therapists who kept only 9 to 5 office hours.

If you know of a therapist with the required experience, please tell them about the finder and ask them to register at btshelp.org/therapist_registration or email their contact info to mh@btshelp.org and we will reach out to them. We will continue to actively recruit therapists for the finder that meet the industry's needs.

Behind the Scenes has come together with other concerned organizations and individuals to create the Mental Health and Suicide Prevention Initiative. A series of tools and resources has been developed to not only help you but also assist you in helping your colleagues. Find links to resources, the online self-assessment tool, and information about the initiative and programs at btshelp.org/mentalhealth.

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